



What Is The Truth About Us (Part 1)

January 9, 2022

Introduction:

Question for the Year: What is the truth about you that you keep running from?

Scripture For the Year: Ephesians 4:25

- 25 Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. (NIV)

Series For January thru April

1. The Truths About Us (Ephesians 6:10-18) ...5 weeks in 7 parts
2. The Truth About How We Got Here (Jeremiah 29:11) in 4 parts
3. The Truth About Our Money (4 parts)
4. The Truth About Finishing (4 parts)

January Series 2020

1. The Truth About Our Strength
2. The Truth About Our Transparency
3. The Truth About Being Prepared
4. The Truth About Our Mental State
5. Questions People Ask Me

I. The Truth About Our Strength (How Strong Are You?)

Scripture for the Series (Ephesians 4:25)

- 25 Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. (NIV)

Text: Ephesians 6:10–18 (NIV):

- 10 Finally, **be strong** in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes.

Note: Strong Defined: To be **enabled** to do something or to be made **capable**

- A. Practically, to be strong is to be **personally enabled to do something**
- B. Strong people are weak people that **God gave the ability to do things on their own**
- C. Strong people were weak people that decided to become **strong (it's a decision)**

II. The Truth About How to Become Strong

1. Commit to Growing Strong (2 Peter 3:18, NIV)

- But **grow in the grace and knowledge** of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen.

2. Commit to Waiting (Hope; Isaiah 40:30-31)

- 30 Even youths grow tired and weary, and young men stumble and fall;
- 31 but those who hope (or wait KJV) in the Lord **will renew their strength**. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.

3. Commit to Being Humble (This consist of seeking God, and turning from evil)

- 2 Chronicles 7:14 If my people, who are called by my name, will **humble themselves and pray and seek my face** and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

III. The True Answer to The Following Questions
(This is a Test)

1. How much **time do you invest** in your growth? (Spiritual Development)
2. How many things are in your life that would be **signs of weakness**?
3. How strong would your church be **if all the members lived like you**?
4. How strong is your financial position?
5. How strong would the church be if everyone gave the percentage you give?

IV. The Real Truth About My Struggles to Become Strong

1. One of my greatest struggles is to **be consistent** (I am better than ever)
2. One of my greatest temptations is to **think all over the world** and be distracted
3. One of my greatest temptations is to **allow the coulda' woulda' shoulda's** to own my thoughts
4. One of my greatest temptations is to **panic** when things are not clear
5. One of my greatest temptations is **to want to fit in** and be like everyone around me

Conclusion:

Question: How do I manage my struggles?

First thought:

- Admit **I am struggling and being tempted beyond flesh and blood**. If I allow my life to be out of control, inconsistent, mentally all over the place, panicked, and ruled by the coulda' woulda' and shoulda's, I will never become strong.

Final Thoughts: I must realize some of these temptations come from somewhere else

- Ephesians 6:12 For **our struggle is not against flesh and blood**, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the **full armor of God**, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Next Time: The Truth About Being All In and Transparent