

# HELP FOR ELIJAH

## SESSION 4



Text Truth: **God provides for people's needs.**

Bible Verse: **My help comes from the Lord, the maker of heaven and earth. Psalm 121:2**

Bible Verse Paraphrase: **My help comes from God. Psalm 121:2**

For Kids  
and  
Parents

### 1 KINGS 17:1-16

Elijah loved God. Elijah talked to God, and he listened to God. Elijah knew God would take care of him.

Elijah traveled to places to tell people about a famine that would happen soon. As he traveled, Elijah became thirsty. God showed Elijah a stream where he could get water. God sent birds called ravens to find food for Elijah.

Rain did not fall for a very long time. Day after day, the hot sun shone on the ground. The stream went dry. Elijah had no more water to drink.

Then God told Elijah to go to a place called Zarephath. God said a woman in that town would give Elijah food and water.

When Elijah got to Zarephath, he saw the woman gathering sticks. Elijah asked the woman to give him some water. "Please bring me a piece of bread, too," Elijah said to the woman.

"I don't have any bread," the woman said. "All I have is some flour and oil. I was gathering sticks to make a fire to cook one last meal."

Elijah said, "Go home. Make some bread for me. Then make some for you and your son. Your flour and oil will not run out until God sends rain again. God cares about you and knows what you need."

The woman did what Elijah told her to do. She gave Elijah bread to eat and water to drink.

And just as Elijah said, the woman's flour and oil did not run out.

# God Helps

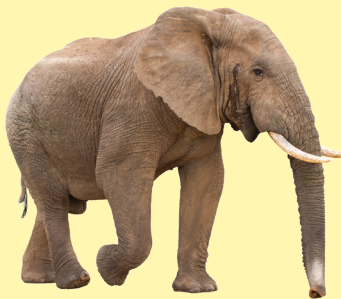
Our help comes from God. Look at the pictures. Choose the correct ones. Cross out the incorrect pictures.

God told Elijah  
to look for

A woman



An elephant



The woman  
gathered

Pumpkins



Sticks



to make a fire.

Elijah asked the  
woman to give him

Popcorn



Bread  
and water



God helped Elijah and the  
woman have what they needed.

God provides . . .

