



The Truth About the Young and the Hungry

July 31, 2022

Text: Matthew 5:6

- **6 Blessed are those who hunger and thirst for righteousness, for they will be filled.**

Big Question: How do you get young people to be hungry?

Answer: Respect and invest in them the way you wanted to be respected and invested in at their age

I. Five Things That Made Me Hungry in My Youth

1. **Exposure** (It showed me another level of potential)
2. **Truth** (It showed me the other side of my fantasies)
3. **Education** (It taught me what I did not know)
4. **Peer-Pressure** (Positive Peer-Pressure)
5. **Scripture** (Early in my life the Scripture made me hungry, from 16 years old)

II. Five Things That Showed What David Was Hungry for In His Youth (Psalm 119:9–16)

1. **His Life** (was committed)
 - 9 How can a young man keep his way pure? By **living** according to your word.
2. **His Heart** (refused to stray)
 - 10 I seek you with all my **heart**; do not let me stray from your commands.
 - 11 I have hidden your word in my heart that I might not sin against you.
3. **His Hunger** (to be taught)
 - 12 Praise be to you, O Lord; teach me your decrees. 13 With my lips I recount all the laws that come from your mouth.
4. **His Habits**
 - 14 I **rejoice** in following your statutes as one rejoices in great riches. 15 I meditate on your precepts and consider your ways.



5. His Entertainment

- 16 I delight in your decrees; I will not neglect your word.

Closing:

III. Five Questions Young People Ask Me

1. How can I avoid all the bad entertainment?

Answer: You can't avoid all bad influences, but you can avoid becoming like the bad influences.

2. What are the habits you should avoid?

Answer: The ones that stop you from reaching your full potential and lie to you about what is real.

3. Have you ever hungered from something that was not good for you?

Answer: Yes, and I paid for it and learned to switch my diet.

4. Have you ever had a heart or focus problem?

Answer: Yes when I was in high school during my senior year. It was the time I almost did not become Pastor Rick.

5. What helped you turn your life around when you were tempted to go in the wrong direction?

Answer: I had a strong prayer life and godly friends that supported me when I struggled.

Next Time: Managing the Seasons

Big Question: How Do You Manage the Changing Seasons in Your Life?

My Seasons Theory: Most people struggle during two seasons of life.

1. They struggle when their lives have no spaces
2. They struggle when their lives have a lot of empty spaces

Read Ahead: Philippians 4:10-11, NIV



- I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, **for I have learned to be content whatever the circumstances.**