



What Families Teach Us

Series: Dealing with my Real and Tough Issues

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Introduction: The majority of what a person learns happens within the family. Our experiences such as how we are treated, what we see and what we hear, can shape our definitions and life choices. We tend to carry these lessons from childhood to our adult years.

Question of the Day: What items (life lessons) did your family put in your life's backpack?

1. Items from your Immediate Family

A. Practical Items Placed in Your Life's Backpack

- You must have Food and Shelter
- You must have an Education
- You must have Money ...

B. Emotional Items Placed in Your Life's Backpack

- Families can give Love, Joy, Peace, Patience, Self Control ...
- Families can give Fear, Insecurity, Jealousy, Abandonment, Anger,

2. Items from your Friends & Social Media Family

- A. This family gives confidence to share thoughts and feelings
- B. This family can give you faith to dream big
- C. This family can also give cruelty, insults, mocking, bullying...

3. Items from your Spiritual Family

- A. This family can expose you to the power of worship, love, forgiveness and God's Word
- B. This family can expose you to the power of prayer, faith and trust in God
- C. This family can also expose you to the many imperfections in the body of Christ (Art of Pretending, Division, Judgment...)

Text - Deuteronomy 11¹³⁻¹⁵ *From now on if you **listen obediently** to the commandments that I am commanding you today, **love GOD**, your God, and **serve him** with everything you have within you, **he'll take charge** of sending the rain at the right time, both autumn and spring rains, so that you'll be able to harvest your grain, your grapes, your olives. He'll make sure there's plenty of grass for your animals. **You'll have plenty** to eat.*

¹⁶⁻¹⁷ *But **be vigilant**, lest you be seduced away and end up serving and worshiping other gods and **GOD** erupts in anger and shuts down Heaven so there's no rain and nothing grows in the fields, and in no time at all you're starved out—not a trace of you left on the good land that **GOD** is giving you.*

¹⁸⁻²¹ ***Place these words on your hearts**. Get them **deep inside** you. Tie them on your hands and foreheads as a reminder. **Teach them to your children**. **Talk about them wherever you are**, sitting at home or walking in the street; talk about them from the time you get up in the morning until you fall into bed at night. Inscribe them on the doorposts and gates of your cities so that you'll live a long time, and your children with you, on the soil that **GOD** promised to give your ancestors for as long as there is a sky over the Earth. (The Message)*



Conclusion:

Throughout life we deal with many **Real and Tough Issues** of which many have been placed in our **Life Backpack** by our families, friends and sometimes us.

- 1) You must decide what to keep in your Life's Backpack**
- 2) You must decide what to remove (purge) from your Life's Backpack.**
- 3) You must decide what must be added to your Life's Backpack**

Healthy Life Backpack Suggestions

Deuteronomy 11:13-21

1. Listen Obediently to God
2. Love and Serve God
3. Trust God to be your provider
4. Be vigilant and beware of serving other Gods
5. Place these principles deep within you
6. Teach it to your children in speech and by example

It's your choice!