

# DANIEL CHOSE TO OBEY

SESSION 5



**Text Truth: Choose to obey God.**

**Bible Verse: Walk in God's ways and keep His statutes and commands. 1 Kings 2:3a**

**Bible Verse Paraphrase: Walk in God's ways and keep His commands. 1 Kings 2:3a**

For Kids  
and  
Parents

## DANIEL 1

Daniel lived in the city of Jerusalem. He loved God and learned about the laws and commands God gave His people when they left Egypt. Daniel obeyed God's commands.

When Daniel was a teenager, the king in the country of Babylon marched to Jerusalem. The king's soldiers took Daniel and many other people back to Babylon to be servants. The king had a plan for young men like Daniel who were from important families and who were strong and wise.

Daniel and three of his friends were chosen to be trained to serve the king. Every day the king's officials taught the young men a new language and stories from Babylon's history. Daniel and his friends were given new names, too.

The king's official took rich food to Daniel and his friends every day. But Daniel remembered what he had learned from God's law, and he knew he must continue to obey God's laws about food and eating.

Daniel asked the king's official to serve him and his friends vegetables and water instead of the king's rich food. Daniel said, "After ten days, examine us and decide if we are healthy."

The official agreed with Daniel's plan. At the end of the test, the official could see that Daniel and his friends were indeed healthy and strong.

God was pleased with Daniel's choice to obey His laws, even in a foreign land. And God made Daniel and his friends wise and strong.

# Daniel's Choice

Daniel and his friends chose to obey God's laws about food and eating.



Look at the food pictures. Circle the items Daniel and his friends chose to eat (vegetables and water).  
Draw an X over the types of foods the men did not eat.

