

Fighting Bedroom Blindness
(Are you Blind or Blessed?)

September 6, 2015

Big Thought: Bedroom Blindness Fails the Truth Test (Philippians 4:8)

- 8 Finally, brethren, whatever things are **true**, **whatever** things are **noble**, **whatever** things are just, **whatever** things are **pure**, **whatever** things are lovely, **whatever** things are of **good report**, if there is any virtue and if there is anything praiseworthy—meditate on these things.

Question:

- Were you told the truth about sex and romance?

Note: My Testimony

- I was lied to in movies, music, and personal conversations
- I was culturally trained to bedroom blind from my youth like most of us

I. Trained To Be Bedroom Blind (BB)

1. Our culture trains us to be emotionally deceived (that's why all the love songs)
2. Our culture trains us to have unrealistic expectations (sometimes the car breaks)
3. Our culture trains us that marriage is optional and not wonderful
4. Our culture trains us that bedroom blindness hurts nobody and is fun
5. Our bodies are easily convinced that bedroom blindness is ok for now

II. The Positive and the Negative Sides of BB

Two Scriptures About Bedroom Blindness

1. People Having Sex Before Marriage are Bedroom Blind (1 Cor. 6:18-20)

- *This includes digital and journalistic blindness too*
- Flee from (*fornication*) sexual immorality. Every other sin a person commits is outside the body, but the **sexually immoral person sins against his own body**. Or do you not know that **your body is a temple** of the Holy Spirit within you, whom you have from God? **You are not your own**, for you were **bought with a price**. So glorify God in your body.(NKJV)

2. People Having Sex After Marriage are Bedroom Blessed (Hebrews 13:4 ESV)

- Let marriage be held in honor among all, and **let the marriage bed be undefiled**, for **God will judge the sexually immoral and adulterous**.

III. What BB Does to You and Those You Love

1. It takes you out of God's **perfect will** for your life
2. It distorts the **reality** of a **relationship** with a person
3. It can cause you to ignore the potential **consequences**
4. It can create long-term **memories** that are hard to balance
5. It can cause profound professional and family consequences

Two People In Scripture With Bedroom Blindness David (David and Solomon)

- David showed signs of blindness after he became King in his 30's (He had three wives by 30)

IV. Four Signs of David's Bedroom Blindness:

First sign of BB (2 Samuel 2:2)

- 2 So David went up there, and his two wives also, Ahinoam the Jezreelitess, and Abigail the widow of Nabal the Carmelite.

Note: This does not include the almost marriage to Merab (I Samuel 18:17-18) the sister of Michal Saul's daughter **his first wife** (I Samuel 18:27). Saul gave Merab to someone else and instead gave Michal to David assuming she would be, " a snare to him (I Samuel 18:21). Michal was the wife that **mocked David for dancing** before the Lord (2 Samuel 6:20-23). Her mockery of David dancing before the Lord after the ark was returned **brought judgement into her life.** **Men watch your war gift. Women watch your words gift.**

Second sign of BB: More wives and concubines (2 Samuel 3:2-3)

- 2 Sons were born to David in Hebron: His firstborn was Amnon by **Ahinoam** the Jezreelitess; 3 his second, Chileab, by **Abigail** the widow of Nabal the Carmelite; the third, Absalom the son of **Maacah**, the daughter of Talmai, king of Geshur; 4 the fourth, Adonijah the son of **Haggith**; the fifth, **Shephatiah** the son of Abital; 5 and the sixth, **Ithream**, by David's wife Eglah. These were born to David in Hebron.

Third sign of BB: More wives and more concubines (2 Samuel 5:13-16)

- 13 And David took more **concubines** and **wives from Jerusalem**, after he had come from Hebron. Also more sons and daughters were born to David. 14 Now these are the names of those who were born to him in Jerusalem: Shammua, Shobab, Nathan, Solomon, 15 Ibhar, Elishua, Nepheg, Japhia, 16 Elishama, Eliada, and Eliphelet.

Fourth sign of BB: It passed to his kids (Solomon in his 20's, 1Kings 11:1-4)

- 1 But King **Solomon loved many** foreign women, as well as the daughter of Pharaoh: women of the Moabites, Ammonites, Edomites, Sidonians, and Hittites—2 from the nations of whom the Lord had said to the children of Israel, "You shall not intermarry with them, nor they with you. Surely they will turn away your hearts after their gods." Solomon clung to these in love. 3 And he had **seven hundred wives**, princesses, and **three hundred concubines**; and his wives turned away his heart. 4 For it was so, when Solomon was old, that ***his wives turned his heart after other gods; and his heart was not loyal to the Lord his God, as was the heart of his father David.***

Coming Attractions: Seven questions about Bedroom Blindness

1. How could these godly people be struggling with bedroom blindness?
2. How could these people who spoke for God struggle with BB?
3. How can you be a follower of Jesus and have a BB problem?
4. Is same sex relationships a BB problem according to scripture?

5. How do you respond to people you live with BB issues?

Overcoming
by **FAITH** **SERMON NOTES**
Pastor Ricky Temple

6. How do you recognize BB in yourself before it's too late?

7. What steps can you take to be BB controlled and free? (run fast)