



**The Truth About Being Satisfied**  
(Matthew 5:3-10)

**July 24, 2022**

**Series Summary**

1. What do you really want?
2. Are you hungry? (Driven)
3. Are you doing what is right? (Integrous)
4. **Are you filled and satisfied with your life?**
5. How can a young person **balance** hunger, humility, and passion? (There is nothing like youthful hunger)

**Big Question:** Are you a satisfied person?

**I. Seven Approaches to Life That Make Life More Satisfying  
According to Jesus**

**Reviewed: Matthew 5:3-10: Seven Attributes of Blessed (or Happy) People**

**1. Blessed people understand their impoverished condition (They are **poor**)**

- 3 “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

**Note:** They recognize what they don’t have

**2. Blessed people grieve over the things that grieve God (They **mourn**)**

- 4 Blessed are those who mourn, for they will be comforted.

**3. Blessed people are teachable (They are **meek**)**

- 5 Blessed are the meek, for they will inherit the earth.

**4. Blessed people are hungry and ambitious (They are **hungry**)**

- **6 Blessed are those who hunger and thirst for righteousness, for they will be filled.**

**5. Blessed people are merciful (They care for others)**

- 7 Blessed are the merciful, for they will be shown mercy.

**6. Blessed people are genuine (They are **pure** in heart)**

- 8 Blessed are the pure in heart, for they will see God.

**7. Blessed people are peacemakers (They are **peacemakers**)**

- 9 Blessed are the peacemakers, for they will be called children of God.



## II. Things I Thought Would Satisfy Me

(Luke 12:15)

15 Then he said to them, “Watch out! Be on your guard against all kinds of greed; a man’s **life does not consist in the abundance of his possessions.**”

1. **Economic** Status (If I had the right income)
2. **Romantic** Status (If I met the right person)
3. **Social** Status (If I became someone great)
4. **Physical** Status (If I looked a certain way)
5. **Spiritual** Status (If I was saved and confessed Christ)

## III. The Things That Ended up Satisfying Me

1. **Self-Confidence** (I feel good about me)
2. **Life-Balance** (I feel balanced)
3. **True Relationships** (I have good relationships)
4. **Time Balance** (I am not living on the edge of exhaustion)
5. **Spiritual Balance** (I work to live out the Beatitudes)

**Next Time: The Truth About the Young and the Hungry**

**Read Ahead:** Matthew 5:6

- **6 Blessed are those who hunger and thirst for righteousness, for they will be filled.**

**Bonus: Questions Young People Have Asked Me**