

Spaces: Managing a Boring Season "The Place Prosperity is Built" (Part 4)

October 23, 2022

Big Question: How do you manage the boring seasons of a successful life?

- "Boredom is the emotional or physical state one experiences due to lack of **mental stimulation**, activities to do, or **interest** in one's surroundings."
- "Life is not an **action movie**, thus we all will suffer times of feeling listlessness and ennui. <u>Proverbs 19:15</u> speaks of how "**slothfulness**" can lead to unpleasant circumstances."
- "Experiencing boredom is not a sin, but **attitudes** and **choices** that lead to or arise from boredom may be harmful to a Christian's faith."

Source: <u>https://www.gotquestions.org/Bible-boredom.html</u>

Paul's Advice to The Bored

Text: Ephesians 5:15–16

15 Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. (NIV)

- Be Careful
- Be Wise
- Be Aggressive (Take advantage of your opportunities)

Proverbs Advice to the Bored (Proverbs 6:6-11, NIV)

1. Don't be a sluggard (Lazy or slothful)

• 6 Go to the ant, you sluggard; consider its ways and be wise!

2. Don't need oversight

• 7 It has no commander, no overseer or ruler,

3. Don't forget to save and gather for your hungry days

• 8 yet it stores its provisions in summer and gathers its food at harvest.

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4. Don't sleep too much

• 9 How long will you lie there, you sluggard? When will you get up from your sleep? 10 A little sleep, a little slumber, a little folding of the hands to rest— 11 and poverty will come on you like a thief and <u>scarcity</u> like an armed man.

Conclusion: Three Decisions Only You Can Make

- Decide when you will get up
- Decide not to fold your hands
- Decide not to be robbed by scarcity

Next Time: A Digital Youth Surprise Service