



Scared and Stressed Out
(What Have You Been Afraid to Admit?)

Date: November 27, 2022

Text: 1 John 1:8–10 (NIV)

- **8 If we claim to be without sin, we deceive ourselves** and the truth is not in us. **9 If we confess** our sins, he is faithful and just and will **forgive** us our **sins** and **purify** us from all unrighteousness. **10 If we claim we have not sinned**, we make him out to be a liar and his word is not in us.

Big Question: What Have You Been Afraid to Admit was wrong in Your Life?

Series Review

1. Scared to **Change** (What have you been afraid to change?)
2. Scared to **Confront** (What have you been afraid to confront in your life?)
3. Scared to **Try** (What have you been afraid to try?)
4. Scared to **Confess or Repent** (What have you been afraid to admit was wrong?)

Side Question: When is the last time you repented?

An Honest Answer: I seem to need to repent more often than I ever imagined (I keep seeing my faults)

I. Three Truths John Taught Us About Repentance

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1. The truth is we all **struggle** with some kind of sin (v8)
 2. The truth is if we **confess** God will forgive us (v9)
 3. The truth is if we **refuse** to face our sinfulness, we called God a liar (v10)



II. What Have I Refused to Repent For or Admit Where I Was Wrong

My Personal Answers

- 1.** I was wrong about **people** thinking about my success (I waited for people that never came or left)
- 2.** I was wrong about **time** (It came and went, and briefly came again)
- 3.** I was wrong about being **busy** (I worked myself into a blind place that hindered my ability to see)

III. What Changed My Life and Re-opened the Doors of Opportunity

- 1.** An honest look at what I was creating
- 2.** An honest look at what hindered me
- 3.** An honest look at the people around me and their destination
- 4.** An honest look of the facts in my life, family, and leadership when necessary

Next Time: The Truth About the Power of Celebration